



HBC Trading Australia Pty. Ltd.

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Farro	Barcode No:	9339337006890
	Date Revised:	February 2022
	Date Issued:	2017 v3
	Page No:	1 of 3

Product Name	<i>Chef's Choice Roasted Farro</i>			
Country of Origin	Australia			
Volume/Weight	1kg	g/kg/ml/L		
	-	Drained Weight (if applicable)		
Description	<i>Chef's Choice Roasted Farro</i> is a delicious, highly nutritious grain made from roasted green wheat. It is 100% natural therefore it is free from any additives, it is low GI and low in carbohydrates. This product has a fine nutty flavour and is very easy to cook, making it a perfect ingredient to use in a variety of dishes. As it is a good source of protein and fibre, adding this to your diet is a simple and delicious way to be nutritious.			
Ingredients	Durum Wheat (100%).			
Allergens	Contains: Gluten			
- Cross contact	None.			
Claims	No Artificial Colours	X	Excellent Source of dietary fibre	X
	No Preservatives	X	Vegan Friendly	X
	No Artificial Flavours	X	Good Source of Protein	X
	100% Natural	X	Proudly Australian Grown	X
	GMO free	X	Kosher Certified	X
	Low G.I.	X		

Packaging	Clear bag – 10 PC/CTN
Pack Size	1kg
Storage	Store in a cool, dry place.
Shelf Life	2 years



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Physical Specifications	
Look	-
Taste	-
Colour	-
Smell	-

Microbiological Standard	
Total aerobic plate count	-
Total Coliforms	-
Escherichia coli	-
Salmonella	-
Total yeasts	-
Total molds	-

Chemical Specifications	
pH	-
Moisture	10.8% max
Dry Matter (Total solids)	-
Purity	-
Foreign Matters	-



Nutritional Information		
Nutrients	Amounts per 100g	Units
Energy (kJ)	1490	kJ
Protein	15.8	g
Fat – Total	3.4	g
– Saturated	LESS THAN 1	g
Carbohydrate – Total	64.3	g
– Sugar	4.2	g
Dietary Fibre	13.1	g
Sodium	LESS THAN 5	mg

The information contained in this specification is based on data considered to be accurate and reliable as at the date of the specification to the best of the supplier's knowledge and belief. It is user's obligation to determine the safe use of the product for its own applications or suitability for use since the conditions of use, handling, storage and disposal are beyond the supplier's control. The user should therefore use any precaution as are necessary to ensure the safe and suitable use of the product described in the specification.